

The Therapeutic Power of Acupuncture and Massage

Acupuncture and massage as methods of health care and disease prevention are over 3,000 years old.

These natural healing arts help remove blockages that prevent the body from functioning at peak performance.

Acupuncture, massage, and other forms of body therapy are regaining popularity. More people realize that, rather than waiting until they are sick, they need to be proactive in their health care.

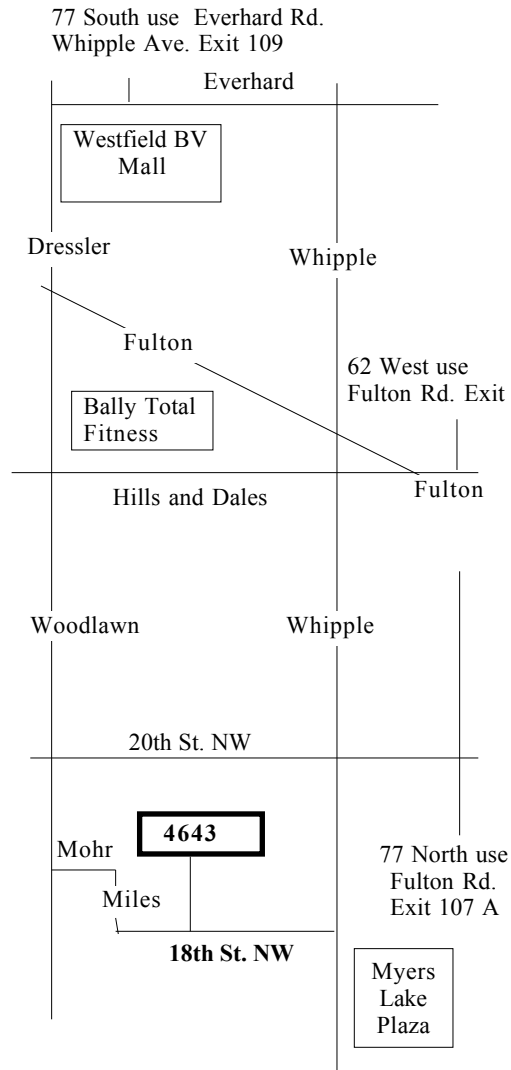
These safe and effective modalities fill the need for both prevention and noninvasive treatment of stress, injuries, chronic diseases and pain management. They are free from drug side effects and drug interactions.

There is extensive modern scientific research on the positive benefits of these natural treatments.

These systems of care have a positive effect on virtually every level of one's mind, body and spirit.

For additional information go to www.cantonacupuncture.com
www.acupuncturetoday.com and
www.massagetoday.com.

Vahila Acupuncture & Massage Therapy
4643 18th NW • Canton, OH 44708
330-477-0777



The office is a brick ranch. It sits back 500 feet off the road. Follow the long drive back to the office. Use the front entrance.

Vahila

**Acupuncture &
Massage Therapy**

Michael Vahila, R. AC., LMT
Marcia Vahila, LMT

4643 18th St. NW
Canton OH 44708
330-477-0777

www.cantonacupuncture.com

Welcome

Thank you for choosing **Vahila Acupuncture and Massage Therapy**. Please take a moment to read this brochure and use the suggestions to prepare for your first session. For more information, visit our web site at www.cantonacupuncture.com

Getting the Most From Your Therapy

Please be prompt for your appointment. It's better to be a little early than to miss part of your treatment.

Also, bring your completed case history form to your first session. We'll review it prior to your treatment.

Our purpose as therapists is to help you achieve your health goals. Consider the benefits of massage and/or acupuncture most important to you.

- Stress reduction
- Chronic or acute pain & disease
- Injury rehabilitation
- Peak athletic performance
- Wellness support

Your Comfort is Important

Your feedback during your treatment is valuable to us. We encourage you to express your needs regarding room environment (temperature, music, light, etc.) or our treatment (amount of pressure, type of lubricant, draping, sensitivity of acupuncture points, etc.) at any time.

Non-needle treatments are available for those who prefer to not have needles but still want the benefits of Traditional Chinese Medicine (TCM). There are many techniques that achieve the same results as acupuncture without using needles. Ask about alternatives.

About Us

As a husband and wife team, we each bring different skills to our office.

In his first career of 20 years, **Michael** taught music at Malone College, the University of Akron and Mount Union College. In 1991 he began a shift to a career in the healing arts. His training led him to become a Traditional Reiki Master in 1993. He became a licensed Massage therapist in 1996. Michael is also certified in the St. John Method of Neuromuscular Therapy. He has been teaching massage therapy at Stark State College since 1999. He is also one of the few Board Certified Acupuncturists in Stark County.

Marcia began her career as a Cosmetologist, managing salons in Ohio and Florida. In 1989 she expanded her skills to include massage therapy. She has trained in many approaches to body therapy including face massage, Reflexology, aroma therapy, Reiki and spa therapies. From 1995 to 2000 she was an Esthetician/Massage therapist at Glenmoor Country Club. She has been teaching massage at The National Institute of Massotherapy since 1994. Her specialties are rejuvenating massage of the face and hot stone massage.

Massage Therapy Rates

Massage therapy and Reiki treatment rates. Sales tax will apply unless you have a referral from an MD or Chiropractor.

- \$30 per half hour
- \$50 per hour
- \$70 per hour and a half
- \$15 extra for Facial Massage with steam, Hot Stone or Raindrop Therapy

(The above rates reflect a "Time of Service" discount. Standard rates apply if billed. Rates upon request.)

Acupuncture and TCM Rate

- Free Consultation
- \$65 per treatment

(The above rate reflects a "Time of Service" discount. Standard rates apply if billed. Rates upon request)

Energy Light Rejuvenation Rate

- ELR is a non-needle acupuncture facial rejuvenation treatment.
- \$80 per treatment

Payments

Payment is due at the end of each session. A medical receipt can be obtained upon request for submission to your insurance company. We do limited insurance and BWC billing. We accept cash or checks only, no credit cards.

Rescheduling an Appointment

If it is necessary to reschedule an appointment, we appreciate the courtesy of 24-hours notice. This makes it possible to schedule your treatment at another convenient time for you. It also allows us to schedule an appointment for another person in need of therapy.

Any Questions? Just Ask.

If you have questions regarding your therapy or need to reschedule, please feel free to call us at 330-477-0777 between 9:00 AM and 9:00 PM

Your appointment is:

Time: _____ **Date:** _____