



# Reiki Seminar

**With Michael Vahila, Traditional Reiki Master,  
Board Certified Acupuncturist, LMT**

Friday from 7:00 PM to 10:00 PM  
Saturday from 10:00 AM to 5:00 PM  
Sunday from 1:00 PM to 5:00 PM  
**Call for dates of the next seminar**

*Reiki* (pronounced ray'-key) is a Japanese word meaning Universal Life Energy. The Usui System of Reiki was born out of the experience and dedication of Dr. Mikao Usui in the late 1800's. It provides a means of accessing and focusing this energy for personal well-being and growth.

Reiki helps balance physical, mental, emotional and spiritual energy. It is a powerful tool for health and wellness, stress reduction and self-care. This natural healing art supports the body's ability to heal physical ailments and may open the mind to the root causes of disease and pain.

Reiki can be effectively incorporated into the healing arts practiced by massage therapists, nurses, counselors and physicians. Anyone can easily learn to use this holistic tool to create balanced wellness in life.

In the First Degree weekend seminar you will learn the history of Reiki, how to treat yourself and others, and the five precepts of Reiki. This is a relaxed, experiential workshop with time practicing and sharing your experience.

**Location:** 4643 18th St. NW, Canton, OH 44708    **Course Fee:** \$150

**For more information contact Michael Vahila at (330) 477-0777**

**To Enroll:** Send \$150 with this form, payable to Michael Vahila, 4643 18th St. NW, Canton, Ohio 44708. Print your name below as you would like it to appear on your certificate.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

